

# Walk More...Sit Less

## A Ragged Mountain Guide to Wonderful Walking Venues In and Around Charlottesville

### In Town...Close By

- The RTF Loop (21 mile urban greenbelt)
- Boars Head Trails
- Foxhaven
- Old Mill Trail
- Towe Park
- Ragged Mountain Reservoir
- Saunders Trail at Monticello
- Humphris Park at Whitewood Road
- Botanical Gardens of Piedmont
- University Grounds

### In The County

- Ivy Creek Natural Area
- Patricia Byrom Park
- Walnut Creek Park
- Chris Greene Lake Park
- Mint Springs Park
- Preddy Creek Park
- Totier Creek Park
- Dick Woods Road
- Sugar Hollow/White Hall
- Crozet Trails
- Forest Lake Trails
- Towe Park

### Resources

- Ragged Walks-Monthly Group Walks
- Rivanna Trails Foundation (RTF)
- The Center Walking Club
- Crozet Trails Club
- Albemarle County Parks and Rec

### A Drive Within Reach

- Historic Green Springs
- Piney River (Virginia Blue Ridge Railway Trail)
- Chessie Trail (Lexington)
- High Bridge Trail (Farmville)
- The Blue Ridge Tunnel (Afton)
- The Trails at Montpelier
- White Oak Canyon
- Old Rag
- The many trails in the Shenandoah National Park
- Ridgeview Park (Waynesboro)
- Betsy Bell Park (Staunton)

### Community Public Tracks

- Albemarle High
- Baker Butler School
- Buford Middle School
- Burley Middle School
- Charlottesville High
- Greenbrier School
- Hollymead School
- Henley Middle School
- Jack Jouett Middle School
- Meriweather Lewis School
- Monticello High School
- Murray School
- Walton Middle School
- Western Albemarle High
- "The Park" at UVA
- Venable School

### Coming Soon

Ragged Mountain Walking website  
Email us at [Alec@raggedmountainrunning.com](mailto:Alec@raggedmountainrunning.com)  
for more information.



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Ask us for details on any of these great walking venues.  
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